

Janet's Cafe

Your Favorite Gathering Spot

Open Everyday For Breakfast & Lunch

6 am to 2 pm



Find us on
Facebook

2650 Jamacha Rd

El Cajon, Ca 92019

Ph: 619-670-0460

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www.janetscafe.com

BREAKFAST

SERVED ALL DAY!

Served with hash browns, diced potatoes or Seasonal fresh fruit and a choice of toast, biscuit, muffin or pancakes.

SPLILT ORDERS \$1.00

Egg Substitute Available \$1.00

OMELETTE

Folded or Open Face * Beans and Tortillas are available.

No 1 Ham & Cheese (Diced Ham with Jack & Cheddar Cheese) -----	\$10.45
No 2 Denver (Diced Ham, Onion, Bell Pepper & Cheese) -----	\$10.45
No 3 Avocado & Cheese (Fresh Ripe Avocado & Cheese) -----	\$10.45
No 5 Veggie (Tomato, Onion, Mushroom, Bell Pepper & Cheese) -----	\$10.75
No 6 Bacon Cheese (Diced Bacon & Cheese) -----	\$10.45
No 7 Spinach (Spinach, Bacon, Mushrooms & Cheese) -----	\$10.45
No 8 Italian Sausage (Diced Italian Sausage, Tomato & Cheese) -----	\$10.45

No 9 Create your own Omelette! Served Open Face or Folded----- \$11.55

Select up to (4) items from below or add any additional item for \$1.00 each.

Bacon - Italian Sausage - Ham - Chorizo - Machaca - Avocado

Mushrooms - Jalapenos - Onion - Bell Pepper - Green Chile - Spinach - Jack or Cheddar Cheese

Biscuit and Homemade Country Gravy----- \$6.75

Half Order----- \$4.75

Biscuits & Homemade Country Gravy with 2 Eggs and 2 sausage patties----- \$9.55

Eggs Benedict----- \$9.95

Eggs Benedict Country Style----- \$10.25

Biscuits topped with 2 Sausage Patties, 2 Poached Eggs Smothered in Homemade Country Gravy.

Served with Fresh Fruit or Potatoes.

MEXICAN BREAKFAST

Served with homemade refried beans and tortillas.

M1 Breakfast Burrito - Scrambled eggs, home fries, bacon or sausage & cheese ----- \$9.95

M2 Machaca & Eggs - Scrambled eggs w/seasoned shredded beef, onion, tomato & bell peppers ----- \$10.25

M3 Huevos Rancheros - 2 eggs on top of a corn tortilla topped w/Spanish Sauce ----- \$10.25

M4 Chorizo & Scrambled Eggs----- \$10.25

M5 Chorizo & Egg Burrito served with fresh Jalapenos & Cheese----- \$10.25

BREAKFAST

FROM THE HEN HOUSE

Served with hash browns, diced potatoes or Seasonal fresh fruit and a choice of toast, biscuit, muffin or pancakes.

One Egg Breakfast (Any Style) -----	\$6.95
Two Egg Breakfast (Any Style) -----	\$8.25
Smoked Apple Wood Bacon & Eggs -----	\$9.95
Fresh Sausage & Eggs (Link, Patty or Italian Sausage) -----	\$9.95
Ham Steak & Eggs -----	\$11.25
Ground Beef Steak & Eggs -----	\$10.95
Corned Beef Hash & Eggs -----	\$10.95
Steak & Eggs -----	\$13.55
Pork Chops & Eggs -----	\$11.95
Country Fried Steak & Eggs -----	\$11.55
Diced Ham & Eggs -----	\$10.95

WAFFLES & FRENCH TOAST

Belgian Waffle -----	\$6.75
Waffle Combo - served with 2 eggs, 2 bacon strips or 1 sausage -----	\$9.75
Strawberry Waffle topped with Real Whipped Cream. (add Fresh Strawberry on top \$1.50)-----	\$9.75
Pecan Waffle - Topped with Chopped Pecans & Powered Sugar -----	\$10.25
French Toast -----	\$7.75
French Toast Combo - Served with 2 eggs, 2 bacon strips or 1 sausage -----	\$9.75
Strawberry French Toast topped with real Whipped Cream. (add Fresh Strawberry on top - \$1.50)----	\$9.95
Granola French toast - Thick Sliced egg bread rolled in Sweet granola -----	\$9.95

BUTTERMILK PANCAKES

Short Stack (2) -----	\$6.75
Full Stack (3) -----	\$7.95
Pancake Combo - served with 2 eggs, 2 bacon strips or 1 sausage -----	\$9.75
Strawberry Short Stack - 2 Strawberry Pancakes Topped with Real Whipped Cream ----- (Fresh Strawberry on top - \$1.50)	\$9.95

Make any Buttermilk Pancakes, Sweet Potato, Pumpkin or Wheat Pancakes for an Additional \$1.00

Try Our Home Made Cinnamon Rolls & Sticky Buns

SIDES

Egg - 1 -----	\$1.95	Spanish Rice -----	\$3.25	Oatmeal -----	\$4.75
Eggs - 2 -----	\$3.75	Tortillas -----	\$2.25	Grits -----	\$4.75
Bacon Strips - 4 -----	\$3.95	Avocado (1/2)-----	\$3.25	Cream of Wheat-----	\$4.75
Sausage (link, patty, Italian) ----	\$4.55	Sauteed Mushrooms -----	\$3.25	Cinnamon Roll-----	\$4.75
Ham Steak-----	\$5.75	Applesauce -----	\$3.25	Sticky Bun-----	\$4.75
French Fries-----	\$3.95	Sliced Tomatoes -----	\$3.25	1 Pancake-----	\$3.00
Sweet Potato Fries-----	\$4.95	Cottage Cheese -----	\$3.25	Muffin - Assorted-----	\$3.25
Onion Rings-----	\$4.55	Potato Salad -----	\$3.95	Bagel-----	\$2.95
Hash Browns -----	\$3.95	Fresh Fruit -- Sm / \$4.95---Lg /--\$5.95		Biscuit -----	\$2.95
Home Fries -----	\$3.95	Vanilla Yogurt with Granola		Toast or Cinnamon Toast -----	\$2.95
Country Gravy-----	\$2.95	And Fresh Fruit-----	\$11.25	English Muffin -----	\$2.95
Refried Beans-----	\$3.45	Cold Cereal -----	\$3.85	Bar B Q Sauce ----- 16 Oz-----	\$3.95

LUNCH

“ BEST BURGERS IN TOWN ”

Served with your choice of French Fries, Homemade Potato Salad, Cottage Cheese or Fresh Fruit.

Upgrade your French Fries to our Sweet Potato Fries for \$1.00 more.

Hamburger -----	\$9.25
Cheeseburger - Choice of Swiss, Cheddar or American -----	\$9.75
Bacon Cheeseburger -----	\$10.25
Mushroom Burger with Swiss Cheese -----	\$10.55
Chili Burger with Cheese -----	\$10.25
Deluxe Bacon Cheese & BBQ Sauce Burger with Soup or Salad -----	\$12.50
Patty Melt on Grilled Rye -----	\$9.95
Garden Burger -----	\$9.95
Buffalo Burger -----	\$10.25
Turkey Burger-----	\$10.25
Avocado Bacon Cheese Burger -----	\$11.25
Ortega Green Chili Burger with Jalapenos and Swiss Cheese-----	\$9.95

All Burgers are 1/2 lb. Special Blend Ground Beef Patty. Onion upon request.

Make any Burger a Buffalo, Turkey or Garden Burger - Add \$1.00

OPEN - FACED SANDWICHES

Hot Beef or Hot Turkey Sandwich -----	\$10.25
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SOUTH OF THE BORDER

Served with Homemade Refried beans and Rice

Cheese Quesadilla with Green Diced Chiles -----	\$8.90
Chicken Quesadilla with Diced Green Chiles -----	\$10.55
Beef Quesadilla -----	\$10.55
Enchiladas - 2 Cheese -----	\$8.95
Enchiladas - 2 Beef or Chicken -----	\$10.95
Taco - 2 Beef or Chicken -----	\$9.45
Taco & Cheese Enchilada -----	\$9.95

Soup Of The Day

Cup - \$3.75 / Bowl \$4.95 * Bowl of Chili with Cheese \$5.95

LUNCH

SANDWICHES

Served with your choice of French Fries, Homemade Potato Salad, Cottage Cheese or Fresh Fruit.

Upgrade your French Fries to our Sweet Potato Fries for \$1.00 more.

Chicken Walnut on a Croissant -----	\$9.95
Tuna Melt (Albacore) on Grilled Rye -----	\$9.95
Turkey Melt with bacon and tomato on Sourdough bread -----	\$9.95
Turkey Club -----	\$10.25
Roast Beef Melt with Green Chile on Sourdough bread -----	\$9.95
Ruben -----	\$9.95
French Dip -----	\$9.95
Chicken Breast, Bacon, Lettuce, Tomato, Swiss Cheese, Avocado, with Mayo on a French Roll -----	\$10.95
BLT & Avocado -----	\$9.95
* BLT-----	\$9.35
* Roast Turkey -----	\$9.95
* Tuna -----	\$9.95
* Roast Beef -----	\$9.95
* Corned Beef -----	\$9.95
* Ham -----	\$9.95
* Grilled Cheese -----	\$7.75
* Grilled Ham & Cheese -----	\$9.95
* Veggie (Cucumber, Tomato, avocado, Sprouts & Swiss Cheese) -----	\$9.95

Half Sandwich Special -----	\$9.95
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Your choice of a half sandwich (*) with a bowl of soup or salad.

And your choice of Potato Salad, Cottage Cheese or Fresh Fruit.

SALADS

Chicken Walnut Salad -----	\$10.95
Chefs Salad -----	\$10.95
Tuna Salad -----	\$10.95
Taco Salad - Your Choice of Beef or Chicken with Avocado -----	\$10.95
Dinner Salad -----	\$4.95
Bowl of Soup, Salad & Muffin -----	\$9.25
Grilled Chicken Salad -----	\$10.95
Chicken Caesar Salad -----	\$10.95
Pasta Chicken Salad -----	\$10.95

Senior Menu: 65 & Over

Breakfast Special - \$6.45

2 Eggs, 2 bacon or 1 Sausage Patty, Potatoes or fresh seasonal fruit and choice of 1 pancake or toast bread. "No Substitutions."

Florentine Special - \$6.45

Fresh Spinach with 2 scramble eggs, bacon, onions and tomatoes, topped off with melted Swiss cheese. Served with potatoes or fresh seasonal fruit and your choice of 1 pancake or toast bread or a biscuit. "No Substitutions."

Buttermilk Pancake Combo - \$5.95

2 Buttermilk Pancakes, 2 eggs, 2 bacon or 1 Patty sausage. "No Substitutions."

Half Sandwich Combo - \$5.95

Your choice of our Green Salad or a Cup of Today's Soup, Served half a Tuna sandwich or half of a Turkey Sandwich with Jack Cheese. "No Substitutions."

Cheese Burger Combo - \$7.55

Our Special Blend half pound burger with melted cheddar cheese, Served with a Green Salad or a Cup of today's Soup, and your choice of French Fries or Fresh Seasonal Fruit. "No Substitutions."

Chicken - Fried Steak - \$7.95

Smothered in Country Gravy, With mashed potatoes and a Green Salad or a cup of Today's Soup. "No Substitutions."

LOW CAL

Served with Cottage Cheese and your choice of Sliced Tomatoes or Fresh Fruit.

Roast Turkey Plate -----	\$9.95
Hamburger Patty -----	\$8.50
Grilled cod Fillet -----	\$9.95

Just For Kids: 12 & under : \$5.95

Ham & Cheese Omelette

2 Pancakes, 1 egg & 2 Strips of Bacon

French Toast, 1 egg & 2 Strips of Bacon

Popcorn Shrimp

Cheese quesadilla

Jr Bean & cheese Burrito

Hamburger

Grilled Cheese

Chicken Strips

Corn Dog

BEVERAGES

Coffee / Decaf -----	\$2.35
Hot Tea -----	\$2.35
Iced tea-----	\$2.45
Hot Chocolate-----	\$2.75
Milk-----Small: \$2.15 -----Large --	\$2.55
Soda -----Small: \$1.95 -----Large --	\$2.55
Juices-----9 oz-Small: \$2.95 ----12 oz-Large --	\$3.95

DESSERTS

A Slice of Pie-----	\$3.95
A La Mode ----- Add ----	\$2.25
Ice cream -----	\$3.55
Dessert Of The Day-----	\$3.25
Whole Baked Fruit or Cream Pie -----	\$11.95
Cookies , 1 dozen-----	\$4.95
Fresh Squeezed O J -----	\$3.95