

Janet's Cafe

Your Favorite Gathering Spot

Open Monday thru Thursday from 6 am to 8 pm

Friday & Saturday from 6 am to 9 pm

for Breakfast, Lunch & Dinner.

Sunday: 6 am - 2 pm

2650 Jamacha Rd
El Cajon, Ca 92019

Ph: 619-670-0460

eatwell@janetscafe.com

www.janetscafe.com



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LUNCH

BEST BURGERS IN TOWN

**Served with your choice of French Fries, Homemade Potato Salad, Cottage Cheese or Fresh Fruit.
Upgrade your French Fries to our Sweet Potato Fries for \$1.00 more.**

Hamburger -----	\$9.25
Cheeseburger - Choice of Swiss, Cheddar or American -----	\$9.75
Bacon Cheeseburger -----	\$10.25
Mushroom Burger with Swiss Cheese -----	\$10.55
Chili Burger with Cheese -----	\$10.25
Deluxe Bacon Cheese & BBQ Sauce Burger with Soup or Salad -----	\$12.50
Patty Melt on Grilled Rye -----	\$9.95
Garden Burger -----	\$9.95
Buffalo Burger -----	\$10.25
Turkey Burger-----	\$10.25
Avocado Bacon Cheese Burger -----	\$11.25

**All Burgers are 1/2 lb. Ground Beef Patty. Onion upon request.
Make any Burger a Buffalo, Turkey or Garden Burger - Add \$1.00**

SANDWICHES

**Served with your choice of French Fries, Homemade Potato Salad, Cottage Cheese or Fresh Fruit.
Upgrade your French Fries to our Sweet Potato Fries for \$1.00 more.**

Chicken Walnut on a Croissant -----	\$9.95
Tuna Melt (Albacore) on Grilled Rye -----	\$9.95
Turkey Melt with bacon and tomato on Sourdough bread -----	\$9.95
Turkey Club -----	\$10.25
Ruben -----	\$9.95
French Dip -----	\$9.95
Chicken Breast, Bacon, Lettuce, Tomato, Swiss Cheese, Avocado, with Mayo on a French Roll -----	\$10.95
Chicken Strip on a French roll -----	\$9.75
BLT & Avocado -----	\$9.95
Grilled Chicken Breast-----	\$10.25
* BLT-----	\$9.35
* Roast Turkey -----	\$9.95
* Tuna -----	\$9.95
* Roast Beef -----	\$9.95
* Corned Beef -----	\$9.95
* Ham -----	\$9.95
* Grilled Cheese -----	\$7.75
* Grilled Ham & Cheese -----	\$9.95
* Veggie (Cucumber, Tomato, avocado, Sprouts & Swiss Cheese) -----	\$9.95

Half Sandwich Special ----- \$9.95

**Your choice of a half sandwich (*) with a bowl of soup or salad.
And your choice of Potato Salad, Cottage Cheese or Fresh Fruit.**

OPEN - FACED SANDWICHES

Hot Beef or Hot Turkey Sandwich ----- \$10.25

LUNCH

Soup Of The Day

Cup - \$3.75 / Bowl \$4.95 * Bowl of Chili with Cheese \$5.95

SOUTH OF THE BORDER

Served with Homemade Refried beans and Rice

Cheese Quesadilla with Green Diced Chiles -----	\$8.90
Chicken Quesadilla with Diced Green Chiles -----	\$10.55
Beef Quesadilla -----	\$10.55
Enchiladas - 2 Cheese -----	\$8.95
Enchiladas - 2 Beef or Chicken -----	\$10.95
Burrito - Beef or Chicken -----	\$10.25
Taco - 2 Beef or Chicken -----	\$9.45
Taco & Cheese Enchilada -----	\$9.95

SALADS

Small Caesar Salad -----	\$6.95
Chicken Walnut Salad -----	\$10.95
Chefs Salad -----	\$10.95
Tuna Salad -----	\$10.95
Taco Salad - Your Choice of Beef or Chicken with Avocado -----	\$10.95
Dinner Salad -----	\$4.95
Bowl of Soup, Salad & Muffin -----	\$9.25
Fried Chicken Salad -----	\$10.95
Grilled Chicken Salad -----	\$10.95
Chicken Caesar Salad -----	\$10.95
Pasta Chicken Salad -----	\$10.95

LOW CAL

Served with Cottage Cheese and your choice of Sliced Tomatoes or Fresh Fruit.

Roast Turkey Plate -----	\$9.95
Hamburger Patty -----	\$8.50
Grilled cod Fillet -----	\$9.95

JUST FOR KIDS

12 and Under ----- \$5.95

Ham & Cheese Omelette
2 Pancakes, 1 egg & 2 Strips of Bacon
French Toast, 1 egg & 2 Strips of Bacon

Hamburger
Grilled Cheese
Chicken Strips

Corn Dog
Popcorn Shrimp
Cheese quesadilla
Jr Bean & cheese Burrito

BEVERAGES

Coffee / Decaf -----	\$2.35
Hot Tea -----	\$2.35
Iced tea -----	\$2.45
Hot Chocolate -----	\$2.75
Milk ----- Small: \$2.15 ----- Large --	\$2.55
Soda ----- Small: \$1.95 ----- Large --	\$2.55
Juices ----- Small: \$2.95 ----- Large --	\$3.95

DESSERTS

A Slice of Pie -----	\$3.95
A La Mode ----- Add -----	\$2.25
Ice cream -----	\$3.55
Dessert Of The Day -----	\$3.25
Whole Baked Fruit or Cream Pie -----	\$11.95